**The Rosary Instructions With Daily Mysteries Through the Liturgical Year**

The Rosary, a cherished prayer in the Church, is traditionally begun on Sunday with the Glorious Mysteries, reflecting the celebration of the Resurrection, which is the heart of the Lord’s Day. The weekly rhythm of praying the Rosary follows as:

Sunday: Glorious Mysteries

Monday: Joyful Mysteries

Tuesday: Sorrowful Mysteries

Wednesday: Glorious Mysteries

Thursday: Luminous Mysteries

Friday: Sorrowful Mysteries

Saturday: Joyful Mysteries

Liturgical Year Highlights for the Remainder of 2024:

September 2024:

Sept. 23 - Memorial of St. Pio of Pietrelcina

Sept. 26 - Memorial of Saints Cosmas and Damian

Sept. 27 - Memorial of St. Vincent de Paul

Sept. 29 - 26th Sunday in Ordinary Time

Sept. 30 - Memorial of St. Jerome

October 2024:

Oct. 1 - Memorial of St. Thérèse of the Child Jesus

Oct. 2 - Feast of the Holy Guardian Angels

Oct. 4 - Memorial of St. Francis of Assisi

November 2024:

Nov. 1 - All Saints' Day (Holy Day of Obligation)

Nov. 2 - All Souls' Day

Nov. 24 - Christ the King

December 2024:

Dec. 1 - 1st Sunday of Advent

Dec. 8 - Immaculate Conception (Holy Day of Obligation)

Dec. 25 - Christmas (Holy Day of Obligation)

This guide integrates personal prayer with the Church’s liturgical celebrations, enriching your Rosary devotion throughout the year.

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**The Rosary Instructions for *Sunday* (Glorious Mysteries)**

1. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2. The Apostles' Creed

I believe in God, the Father almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy Catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

3. The Our Father

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

4. Three Hail Marys

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer three times for an increase in the virtues of faith, hope, and charity.)

5. The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

6. The First Glorious Mystery: The Resurrection

Reflection: Jesus Christ rises from the dead, conquering sin and death, and offering new life to all who believe in Him. (Mark 16:1-8)

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

7. Ten Hail Marys for the First Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

8. The Glory Be after the First Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

9. The Second Glorious Mystery: The Ascension

Reflection: Jesus ascends into Heaven forty days after His Resurrection, promising to send the Holy Spirit to guide His disciples. (Luke 24:50-53)

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

10. Ten Hail Marys for the Second Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

11. The Glory Be after the Second Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

12. The Third Glorious Mystery: The Descent of the Holy Spirit

Reflection: The Holy Spirit descends upon the Apostles and Mary at Pentecost, empowering them to proclaim the Gospel. (Acts 2:1-4)

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

13. Ten Hail Marys for the Third Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

14. The Glory Be after the Third Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

15. The Fourth Glorious Mystery: The Assumption of Mary

Reflection: The Blessed Virgin Mary is assumed body and soul into Heaven. (Tradition based on the dogma of the Church)

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

16. Ten Hail Marys for the Fourth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

17. The Glory Be after the Fourth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

18. The Fifth Glorious Mystery: The Coronation of Mary

Reflection: Mary is crowned Queen of Heaven and Earth by her Son, Jesus Christ. (Revelation 12:1)

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

19. Ten Hail Marys for the Fifth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

20. The Glory Be after the Fifth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

21. The Hail, Holy Queen

Hail, holy Queen, Mother of mercy,

our life, our sweetness, and our hope.

To thee do we cry, poor banished children of Eve;

to thee do we send up our sighs,

mourning and weeping in this valley of tears.

Turn then, most gracious advocate,

thine eyes of mercy toward us;

and after this our exile,

show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God,

that we may be made worthy of the promises of Christ.

22. Final Prayer

(Optional: A final prayer for the intentions of the Pope or personal intentions.)

23. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

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**The Rosary Instructions for *Monday* (Joyful Mysteries)**

1. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2. The Apostles' Creed

I believe in God, the Father almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy Catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

3. The Our Father

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

4. Three Hail Marys

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer three times for an increase in the virtues of faith, hope, and charity.)

5. The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

6. The First Joyful Mystery: The Annunciation

Reflection: The Angel Gabriel announces to Mary that she will conceive Jesus, the Son of God (Luke 1:26-38).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

7. Ten Hail Marys for the First Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

8. The Glory Be after the First Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

9. The Second Joyful Mystery: The Visitation

Reflection: Mary visits her cousin Elizabeth, who is also expecting a miraculous child, John the Baptist (Luke 1:39-56).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

10. Ten Hail Marys for the Second Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

11. The Glory Be after the Second Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

12. The Third Joyful Mystery: The Nativity

Reflection: Jesus is born in Bethlehem (Luke 2:1-20).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

13. Ten Hail Marys for the Third Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

14. The Glory Be after the Third Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

15. The Fourth Joyful Mystery: The Presentation in the Temple

Reflection: Mary and Joseph present the infant Jesus in the Temple, in accordance with Jewish law (Luke 2:22-38).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

16. Ten Hail Marys for the Fourth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

17. The Glory Be after the Fourth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

18. The Fifth Joyful Mystery: The Finding of Jesus in the Temple

Reflection: At age twelve, Jesus is found in the Temple discussing His faith with the elders (Luke 2:41-52).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

19. Ten Hail Marys for the Fifth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

20. The Glory Be after the Fifth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

21. The Hail, Holy Queen

Hail, holy Queen, Mother of mercy,

our life, our sweetness, and our hope.

To thee do we cry, poor banished children of Eve;

to thee do we send up our sighs,

mourning and weeping in this valley of tears.

Turn then, most gracious advocate,

thine eyes of mercy toward us;

and after this our exile,

show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God,

that we may be made worthy of the promises of Christ.

22. Final Prayer

(Optional: A final prayer for the intentions of the Pope or personal intentions.)

23. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

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**The Rosary Instructions for *Tuesday* (Sorrowful Mysteries)**

1. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2. The Apostles' Creed

I believe in God, the Father almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy Catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

3. The Our Father

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

4. Three Hail Marys

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer three times for an increase in the virtues of faith, hope, and charity.)

5. The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

6. The First Sorrowful Mystery: The Agony in the Garden

Reflection: Jesus prays in the Garden of Gethsemane, feeling sorrow and distress over His impending Passion, but submits Himself to the Father’s will (Matthew 26:36-46).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

7. Ten Hail Marys for the First Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

8. The Glory Be after the First Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

9. The Second Sorrowful Mystery: The Scourging at the Pillar

Reflection: Jesus is scourged at the pillar before His crucifixion, suffering great physical pain for the sake of humanity’s redemption (John 19:1).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

10. Ten Hail Marys for the Second Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

11. The Glory Be after the Second Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

12. The Third Sorrowful Mystery: The Crowning with Thorns

Reflection: Jesus is mocked by the soldiers who crown Him with thorns and ridicule Him as the “King of the Jews” (Matthew 27:27-31).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

13. Ten Hail Marys for the Third Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

14. The Glory Be after the Third Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

15. The Fourth Sorrowful Mystery: The Carrying of the Cross

Reflection: Jesus carries His cross to Calvary, bearing the weight of humanity’s sins on His shoulders (John 19:17).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

16. Ten Hail Marys for the Fourth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

17. The Glory Be after the Fourth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

18. The Fifth Sorrowful Mystery: The Crucifixion

Reflection: Jesus is nailed to the cross and dies for the salvation of all people, offering His life as a sacrifice for sin (Luke 23:33-46).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

19. Ten Hail Marys for the Fifth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

20. The Glory Be after the Fifth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

21. The Hail, Holy Queen

Hail, holy Queen, Mother of mercy,

our life, our sweetness, and our hope.

To thee do we cry, poor banished children of Eve;

to thee do we send up our sighs,

mourning and weeping in this valley of tears.

Turn then, most gracious advocate,

thine eyes of mercy toward us;

and after this our exile,

show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God,

that we may be made worthy of the promises of Christ.

22. Final Prayer

(Optional: A final prayer for the intentions of the Pope or personal intentions.)

23. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

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**The Rosary Instructions for *Wednesday* (Glorious Mysteries)**

1. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2. The Apostles' Creed

I believe in God, the Father almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy Catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

3. The Our Father

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

4. Three Hail Marys

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer three times for an increase in the virtues of faith, hope, and charity.)

5. The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

6. The First Glorious Mystery: The Resurrection

Reflection: Jesus Christ rises from the dead, conquering sin and death, and offering new life to all who believe in Him (Mark 16:1-8).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

7. Ten Hail Marys for the First Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

8. The Glory Be after the First Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

9. The Second Glorious Mystery: The Ascension

Reflection: Jesus ascends into Heaven forty days after His Resurrection, promising to send the Holy Spirit to guide His disciples (Luke 24:50-53).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

10. Ten Hail Marys for the Second Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

11. The Glory Be after the Second Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

12. The Third Glorious Mystery: The Descent of the Holy Spirit

Reflection: The Holy Spirit descends upon the Apostles and Mary at Pentecost, empowering them to proclaim the Gospel (Acts 2:1-4).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

13. Ten Hail Marys for the Third Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

14. The Glory Be after the Third Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

15. The Fourth Glorious Mystery: The Assumption of Mary

Reflection: The Blessed Virgin Mary is assumed body and soul into Heaven (Tradition based on the dogma of the Church).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

16. Ten Hail Marys for the Fourth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

17. The Glory Be after the Fourth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

18. The Fifth Glorious Mystery: The Coronation of Mary

Reflection: Mary is crowned Queen of Heaven and Earth by her Son, Jesus Christ (Revelation 12:1).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

19. Ten Hail Marys for the Fifth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

20. The Glory Be after the Fifth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

21. The Hail, Holy Queen

Hail, holy Queen, Mother of mercy,

our life, our sweetness, and our hope.

To thee do we cry, poor banished children of Eve;

to thee do we send up our sighs,

mourning and weeping in this valley of tears.

Turn then, most gracious advocate,

thine eyes of mercy toward us;

and after this our exile,

show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God,

that we may be made worthy of the promises of Christ.

22. Final Prayer

(Optional: A final prayer for the intentions of the Pope or personal intentions.)

23. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

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**The Rosary Instructions for *Thursday* (Luminous Mysteries)**

1. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2. The Apostles' Creed

I believe in God, the Father almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy Catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

3. The Our Father

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

4. Three Hail Marys

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer three times for an increase in the virtues of faith, hope, and charity.)

5. The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

6. The First Luminous Mystery: The Baptism in the Jordan

Reflection: Jesus is baptized by John the Baptist in the River Jordan. The heavens open, and the voice of God proclaims, "This is my beloved Son, in whom I am well pleased" (Matthew 3:13-17).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

7. Ten Hail Marys for the First Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

8. The Glory Be after the First Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

9. The Second Luminous Mystery: The Wedding at Cana

Reflection: Jesus performs His first miracle, changing water into wine at the request of His mother, Mary, at the wedding in Cana (John 2:1-11).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

10. Ten Hail Marys for the Second Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

11. The Glory Be after the Second Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

12. The Third Luminous Mystery: The Proclamation of the Kingdom

Reflection: Jesus proclaims the Kingdom of God, calling all to conversion and forgiveness of sins, announcing the fulfillment of God's promises (Mark 1:14-15).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

13. Ten Hail Marys for the Third Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

14. The Glory Be after the Third Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

15. The Fourth Luminous Mystery: The Transfiguration

Reflection: Jesus is transfigured on Mount Tabor, revealing His divine glory to Peter, James, and John. His face shines like the sun, and His clothes become dazzling white (Matthew 17:1-8).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

16. Ten Hail Marys for the Fourth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

17. The Glory Be after the Fourth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

18. The Fifth Luminous Mystery: The Institution of the Eucharist

Reflection: At the Last Supper, Jesus offers His body and blood as the sacrificial meal, under the appearances of bread and wine, and commands His apostles to "Do this in memory of me" (Luke 22:14-20).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

19. Ten Hail Marys for the Fifth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

20. The Glory Be after the Fifth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

21. The Hail, Holy Queen

Hail, holy Queen, Mother of mercy,

our life, our sweetness, and our hope.

To thee do we cry, poor banished children of Eve;

to thee do we send up our sighs,

mourning and weeping in this valley of tears.

Turn then, most gracious advocate,

thine eyes of mercy toward us;

and after this our exile,

show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God,

that we may be made worthy of the promises of Christ.

22. Final Prayer

(Optional: A final prayer for the intentions of the Pope or personal intentions.)

23. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

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**The Rosary Instructions for *Friday* (Sorrowful Mysteries)**

1. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2. The Apostles' Creed

I believe in God, the Father almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy Catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

3. The Our Father

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

4. Three Hail Marys

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer three times for an increase in the virtues of faith, hope, and charity.)

5. The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

6. The First Sorrowful Mystery: The Agony in the Garden

Reflection: Jesus prays in the Garden of Gethsemane, feeling sorrow and distress over His impending Passion, but submits Himself to the Father’s will (Matthew 26:36-46).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

7. Ten Hail Marys for the First Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

8. The Glory Be after the First Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

9. The Second Sorrowful Mystery: The Scourging at the Pillar

Reflection: Jesus is scourged at the pillar before His crucifixion, suffering great physical pain for the sake of humanity’s redemption (John 19:1).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

10. Ten Hail Marys for the Second Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

11. The Glory Be after the Second Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

12. The Third Sorrowful Mystery: The Crowning with Thorns

Reflection: Jesus is mocked by the soldiers who crown Him with thorns and ridicule Him as the “King of the Jews” (Matthew 27:27-31).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

13. Ten Hail Marys for the Third Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

14. The Glory Be after the Third Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

15. The Fourth Sorrowful Mystery: The Carrying of the Cross

Reflection: Jesus carries His cross to Calvary, bearing the weight of humanity’s sins on His shoulders (John 19:17).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

16. Ten Hail Marys for the Fourth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

17. The Glory Be after the Fourth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

18. The Fifth Sorrowful Mystery: The Crucifixion

Reflection: Jesus is nailed to the cross and dies for the salvation of all people, offering His life as a sacrifice for sin (Luke 23:33-46).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

19. Ten Hail Marys for the Fifth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

20. The Glory Be after the Fifth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

21. The Hail, Holy Queen

Hail, holy Queen, Mother of mercy,

our life, our sweetness, and our hope.

To thee do we cry, poor banished children of Eve;

to thee do we send up our sighs,

mourning and weeping in this valley of tears.

Turn then, most gracious advocate,

thine eyes of mercy toward us;

and after this our exile,

show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God,

that we may be made worthy of the promises of Christ.

22. Final Prayer

(Optional: A final prayer for the intentions of the Pope or personal intentions.)

23. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

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**The Rosary Instructions for *Saturday* (Joyful Mysteries)**

1. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2. The Apostles' Creed

I believe in God, the Father almighty,

Creator of heaven and earth,

and in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

He descended into hell;

on the third day He rose again from the dead;

He ascended into heaven,

and is seated at the right hand of God the Father almighty;

from there He will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy Catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

3. The Our Father

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

4. Three Hail Marys

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer three times for an increase in the virtues of faith, hope, and charity.)

5. The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

6. The First Joyful Mystery: The Annunciation

Reflection: The Angel Gabriel announces to Mary that she will conceive Jesus, the Son of God (Luke 1:26-38).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

7. Ten Hail Marys for the First Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

8. The Glory Be after the First Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

9. The Second Joyful Mystery: The Visitation

Reflection: Mary visits her cousin Elizabeth, who is also expecting a miraculous child, John the Baptist (Luke 1:39-56).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

10. Ten Hail Marys for the Second Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

11. The Glory Be after the Second Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

12. The Third Joyful Mystery: The Nativity

Reflection: Jesus is born in Bethlehem (Luke 2:1-20).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

13. Ten Hail Marys for the Third Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

14. The Glory Be after the Third Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

15. The Fourth Joyful Mystery: The Presentation in the Temple

Reflection: Mary and Joseph present the infant Jesus in the Temple, in accordance with Jewish law (Luke 2:22-38).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

16. Ten Hail Marys for the Fourth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

17. The Glory Be after the Fourth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

18. The Fifth Joyful Mystery: The Finding of Jesus in the Temple

Reflection: At age twelve, Jesus is found in the Temple discussing His faith with the elders (Luke 2:41-52).

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil. Amen.

19. Ten Hail Marys for the Fifth Mystery

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners,

now and at the hour of our death. Amen.

(Recite this prayer ten times, one for each bead.)

20. The Glory Be after the Fifth Mystery

Glory be to the Father, and to the Son, and to the Holy Spirit;

as it was in the beginning, is now, and ever shall be,

world without end. Amen.

21. The Hail, Holy Queen

Hail, holy Queen, Mother of mercy,

our life, our sweetness, and our hope.

To thee do we cry, poor banished children of Eve;

to thee do we send up our sighs,

mourning and weeping in this valley of tears.

Turn then, most gracious advocate,

thine eyes of mercy toward us;

and after this our exile,

show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God,

that we may be made worthy of the promises of Christ.

22. Final Prayer

(Optional: A final prayer for the intentions of the Pope or personal intentions.)

23. Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

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Here is the complete schedule for praying the Rosary through the end of the year, including adjustments for Advent and the traditional Mysteries of the Rosary for each day:

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Standard Weekly Schedule

- Sunday: Glorious Mysteries

- Monday: Joyful Mysteries

- Tuesday: Sorrowful Mysteries

- Wednesday: Glorious Mysteries

- Thursday: Luminous Mysteries

- Friday: Sorrowful Mysteries

- Saturday: Joyful Mysteries

Key Liturgical Adjustments:

- Lent: During Lent (not applicable this year, but for future reference), the Sorrowful Mysteries are prayed on Sundays instead of the Glorious Mysteries.

- Advent (Beginning December 1, 2024): The Joyful Mysteries replace the Glorious Mysteries on Sundays to reflect the anticipation of Christ's birth.

- Easter Season: Throughout the Easter season (past for this year), the Glorious Mysteries are prayed every Sunday to celebrate the Resurrection of Christ.

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2024 Schedule from September 23, 2024, Onward:

September 23 (Monday):

- Joyful Mysteries

September 24 (Tuesday):

- Sorrowful Mysteries

September 25 (Wednesday):

- Glorious Mysteries

September 26 (Thursday):

- Luminous Mysteries

September 27 (Friday):

- Sorrowful Mysteries

September 28 (Saturday):

- Joyful Mysteries

September 29 (Sunday):

- Glorious Mysteries

(Repeat this pattern weekly until Advent begins.)

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Advent Adjustment (Starting December 1, 2024):

- December 1 (First Sunday of Advent):

- Joyful Mysteries

For Sundays during Advent (through December 24), you will pray the Joyful Mysteries instead of the Glorious Mysteries to align with the liturgical season. The rest of the weekly pattern remains unchanged:

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Week of December 1, 2024:

- Sunday: Joyful Mysteries (Advent)

- Monday: Joyful Mysteries

- Tuesday: Sorrowful Mysteries

- Wednesday: Glorious Mysteries

- Thursday: Luminous Mysteries

- Friday: Sorrowful Mysteries

- Saturday: Joyful Mysteries

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Week of December 8, 2024:

- Sunday: Joyful Mysteries (Advent)

- Follow the standard schedule for the rest of the week.

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Week of December 15, 2024:

- Sunday: Joyful Mysteries (Advent)

- Continue with the weekly schedule.

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December 24-25, 2024 (Christmas Eve and Christmas Day):

- For Christmas Eve and Christmas Day, consider praying the Joyful Mysteries to celebrate the Nativity of Christ.

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Following this schedule allows you to meditate on the life of Christ, the Blessed Virgin Mary, and the central mysteries of salvation according to the tradition of the Catholic Church. This includes the liturgical seasons and proper Mysteries for each day.

You are now set to follow the Rosary devotions through the rest of the year!

**Biblical Rosary Reflection**

The Biblical Rosary intertwines Scripture directly into each Hail Mary, enriching your meditation by grounding each Mystery in its biblical context. This approach deepens your understanding and connection to the events in the life of Jesus Christ and the Blessed Virgin Mary.

***What is the Biblical Rosary?***

The Biblical Rosary involves reciting specific Scripture verses related to each Mystery before each Hail Mary or integrating short biblical phrases into the Hail Mary itself. This method transforms the Rosary from a repetitive prayer into a dynamic meditation on the Word of God.

**Benefits of the Biblical Rosary**

1. Deepened Meditation: Embedding Scripture enhances your focus on the spiritual significance of each Mystery, allowing for a more profound contemplation.

2. Scriptural Familiarity: Regular exposure to biblical passages increases your familiarity with Scripture, enriching your overall spiritual knowledge.

3. Enhanced Engagement: The variation introduced by different verses keeps the prayer engaging, helping to prevent distraction and monotony.

4. Spiritual Enrichment: Meditating on Scripture during prayer can foster a deeper relationship with God and a greater appreciation for the events of salvation history.

**How to Incorporate the Biblical Rosary**

1. Selecting Appropriate Scripture Verses

For each Mystery, choose ten short Scripture passages that reflect the event. These can be direct quotes or paraphrased summaries. The verses should be brief enough to maintain the flow of prayer but substantial enough to provoke meditation.

2. Integrating Verses into the Rosary

- Before Each Hail Mary: Read the selected Scripture verse aloud or silently before reciting the Hail Mary.

- Within the Hail Mary: Insert a clause from Scripture after mentioning Jesus' name in the Hail Mary. For example:

"Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus, who was born in Bethlehem. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen."

3. Example: The First Joyful Mystery – The Annunciation

1. "The angel Gabriel was sent from God to a town of Galilee named Nazareth." (Luke 1:26)

Hail Mary...

2. "To a virgin betrothed to a man named Joseph, of the house of David." (Luke 1:27)

Hail Mary...

3. "And coming to her, he said, 'Hail, favored one! The Lord is with you.'" (Luke 1:28)

Hail Mary...

4. "But she was greatly troubled at what was said and pondered what sort of greeting this might be." (Luke 1:29)

Hail Mary...

5. "Then the angel said to her, 'Do not be afraid, Mary, for you have found favor with God.'" (Luke 1:30)

Hail Mary...

6. "'Behold, you will conceive in your womb and bear a son, and you shall name him Jesus.'" (Luke 1:31)

Hail Mary...

7. "'He will be great and will be called Son of the Most High.'" (Luke 1:32)

Hail Mary...

8. "Mary said to the angel, 'How can this be, since I have no relations with a man?'" (Luke 1:34)

Hail Mary...

9. "The angel replied, 'The Holy Spirit will come upon you, and the power of the Most High will overshadow you.'" (Luke 1:35)

Hail Mary...

10. "Mary said, 'Behold, I am the handmaid of the Lord. May it be done to me according to your word.'" (Luke 1:38)

Hail Mary...

4. Reflecting on the Verses

After each Scripture verse and Hail Mary, take a moment to reflect on the passage's meaning and how it applies to your life. This contemplation enhances the meditative quality of the Rosary.

Why Use the Biblical Rosary as a Supplemental Aid?

- Complementary Practice: It doesn't replace the traditional Rosary but adds depth to it, making your prayer time more enriching.

- Flexible Integration: You can choose to incorporate it occasionally or regularly, depending on your spiritual needs and time constraints.

- Personalization: Selecting verses that resonate with you allows for a more personalized prayer experience.

**Conclusion**

The Biblical Rosary is a valuable supplemental aid, not necessary per se, that enhances the traditional Rosary by immersing you in the Word of God. It bridges the gap between prayer and Scripture, allowing for a more intimate encounter with the Mysteries of faith. By adopting this practice, you deepen your meditation, enrich your spiritual life, and grow closer to the divine truths at the heart of Christianity. By integrating the Biblical Rosary into the fuller Rosary practice, you will be empowered to embrace a holistic approach that combines vocal prayer, meditation, and Scripture reading. This comprehensive method aligns with the Catholic tradition of contemplative prayer and supports a more profound connection with the sacred mysteries. Remember the goal is prayer and growth in our Lord. If you ever feel burdened just pray in the name of the Father, Son, and Holy Spirit, our Lord and God. Amen!

Here is the Athanasian Creed:

Whosoever will be saved, before all things it is necessary that he hold the Catholic faith.

Which faith, except everyone keeps whole and undefiled, without doubt he shall perish everlastingly.

And the Catholic faith is this: That we worship one God in Trinity, and Trinity in Unity, neither confounding the Persons nor dividing the Substance.

For there is one Person of the Father, another of the Son, and another of the Holy Spirit.

But the Godhead of the Father, of the Son, and of the Holy Spirit is all one, the glory equal, the majesty coeternal.

Such as the Father is, such is the Son, and such is the Holy Spirit.

The Father uncreated, the Son uncreated, and the Holy Spirit uncreated.

The Father incomprehensible, the Son incomprehensible, and the Holy Spirit incomprehensible.

The Father eternal, the Son eternal, and the Holy Spirit eternal.

And yet they are not three eternals, but one eternal.

As also there are not three uncreated nor three incomprehensibles, but one uncreated and one incomprehensible.

So likewise the Father is almighty, the Son almighty, and the Holy Spirit almighty.

And yet they are not three almighties, but one almighty.

So the Father is God, the Son is God, and the Holy Spirit is God.

And yet they are not three Gods, but one God.

So likewise the Father is Lord, the Son is Lord, and the Holy Spirit is Lord.

And yet not three Lords, but one Lord.

For like as we are compelled by the Christian truth to acknowledge every Person by himself to be God and Lord, so are we forbidden by the Catholic religion to say, there are three Gods or three Lords.

The Father is made of none, neither created nor begotten.

The Son is of the Father alone, not made nor created, but begotten.

The Holy Spirit is of the Father and of the Son, neither made nor created nor begotten, but proceeding.

So there is one Father, not three Fathers; one Son, not three Sons; one Holy Spirit, not three Holy Spirits.

And in this Trinity none is before or after another, none is greater or less than another.

But the whole three Persons are coeternal, and coequal.

So that in all things, as aforesaid, the Unity in Trinity and the Trinity in Unity is to be worshipped.

He therefore that will be saved must thus think of the Trinity.

Furthermore, it is necessary to everlasting salvation that he also believe rightly the Incarnation of our Lord Jesus Christ.

For the right faith is that we believe and confess that our Lord Jesus Christ, the Son of God, is God and Man.

God, of the Substance of the Father, begotten before the worlds; and Man, of the substance of his Mother, born in the world.

Perfect God and perfect Man, of a reasonable soul and human flesh subsisting.

Equal to the Father as touching his Godhead, and inferior to the Father as touching his manhood.

Who, although he be God and Man, yet he is not two, but one Christ.

One, not by conversion of the Godhead into flesh, but by taking of the manhood into God.

One altogether; not by confusion of Substance, but by unity of Person.

For as the reasonable soul and flesh is one man, so God and Man is one Christ.

Who suffered for our salvation, descended into hell, rose again the third day from the dead.

He ascended into heaven, he sitteth on the right hand of the Father, God Almighty.

From thence he shall come to judge the quick and the dead.

At whose coming all men shall rise again with their bodies.

And shall give account of their own works.

And they that have done good shall go into life everlasting, and they that have done evil into everlasting fire.

This is the Catholic faith, which except a man believe faithfully and firmly, he cannot be saved.